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NEW BOOK SHINES LIGHT ON DISEASE AFFECTING TENS OF MILLIONS OF WOMEN

EFA founder and author, Dr. Tamer Seckin offers endometriosis sufferers hope in new book

February 29, 2016 (New York, NY) – March is **Endometriosis Awareness Month** and Dr. Tamer Seckin wants women afflicted with endometriosis to know three things: they are not alone, their pain is real, and there is hope. With the release of his new book, ***The Doctor Will See You Now: Recognizing and Treating Endometriosis*** (Turner Publishing, 9781681621128), Dr. Seckin hopes that every woman and young girl who has endometriosis will finally get correctly diagnosed and appropriately treated for this debilitating disease.

The Doctor Will See You Now weaves in stories from 23 courageous women who have endometriosis. “These stories are meant to empower and show women they are not alone in their struggles with this disease as well as provide the knowledge and confidence so they can advocate for themselves and others as together we create a long over-due awareness about this dreadful disease,” said Dr. Seckin.

As founder of the **Endometriosis Foundation of America (EFA)** with **Padma Lakshmi**, host of the popular Bravo Series **Top Chef**, Dr. Seckin continually strives to raise awareness and emphasize the critical value of surgical excision of endometriosis. Padma, also one of his patients, offers a foreword for *The Doctor Will See You Now*, in which she notes, “We can do something about endometriosis. If you have this disease or think you might have it, *The Doctor Will See You Now* is a good place to start your road to recovery.”

The Doctor Will See You Now is written at a level that everyone with ties to endometriosis can relate to and understand, but it is also for doctors with good intentions who lack the knowledge of how to diagnose or treat it. The book’s inspiring text is purposefully crafted so that every reader can relate and understand endometriosis not only medically, but also emotionally. That includes every woman and young girl who has it, and the women and men in their lives – the mothers, fathers, husbands, children, and friends – who know something is wrong, but do not know what it is or what to do about it.

For more information on endometriosis visit the EFA website at www.endofound.org. A portion of the book proceeds will go to the EFA for awareness programs and research initiatives.

For more information about *The Doctor Will See You Now*, please visit: <http://www.drseckin.com/the-doctor-will-see-you-now>

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The Doctor Will See You Now: Recognizing and Treating Endometriosis

By Tamer Seckin, MD, and William Croyle

Turner Publishing | March 1, 2016 | 272 pages | \$19.95 | Paperback

ISBN: 9781681621128

About Dr. Tamer Seckin www.drseckin.com

Tamer Seckin, MD, is a Board Certified gynecologist and laparoscopic surgeon in private practice in New York City, practicing at North Shore LIJ/Lenox Hill Hospital. He specializes in treating women with endometriosis. He is an internationally known specialist in minimally invasive advanced (laparoscopic) surgery, and is among a very limited number of gynecologic surgeons in the United States who is exclusively committed to the Deep Laparoscopic Excision of endometriosis.

In 2009, Dr. Seckin and Padma Lakshmi founded the Endometriosis Foundation of America (EFA), which strives to increase disease recognition, provide advocacy, facilitate expert surgical training, and fund landmark endometriosis research. Visit www.endofound.org

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